

Richard J. Dellork, D.D.S.



SPECIALIST MEMBER

Practice Limited to Endodontics

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Root Canal Therapy Post-Op Instructions

1. Rinse with 1 tsp. salt dissolved in an 8 ounce glass of warm water several times a day over the next couple of days.
2. **The tooth treated is in a fragile state.** Do not bite or chew on anything hard that will result in structural damage to the tooth.
3. After your Root Canal Treatment is completed, it is important to **schedule your restorative appointment with your general dentist as soon as possible** to prevent re-infection and structural damage.
4. Throbbing or aching in the tooth is a natural and normal occurrence after Root Canal Treatment. This may last up to 3 days. For relief, take your preferred over-the-counter pain remedy such as Advil, Motrin, Aspirin or Tylenol. If needed, fill the prescription provided by the doctor.
5. If you experience persistent pain or swelling after 3 days, please call our office. Evening and weekend telephone assistance is available by accessing Dr. Dellork's cell phone through our message service at (703)281-5522.
6. If Antibiotics are given, make sure to take as prescribed for the **full 10 days**, unless otherwise directed.
7. Do not mix alcohol with any prescription drugs.

Important Reminder: You should not chew or bite on the treated tooth until you have had it restored by your dentist. The un-restored tooth is susceptible to fracture, so you should see your dentist for a full restoration as soon as possible.